Winter Conference Guide

March 10-13, 2024
Credit Information
Visit wms.org/wc24 for additional credit information.

CME (AMA PRA CATEGORY 1 CREDITS™)
The Wilderness Medical Society (WMS) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Visit your profile to claim CME credits from the conference.

The WMS designates this live activity for a maximum of 19.75 AMA PRA Category 1 Credits™. Each physician should claim only the credit commensurate with the extent of their participation in the activity.

All educational content presented in this activity has been reviewed and validated as appropriate in keeping with sound scientific principles.

The WMS received in-kind commercial support for the US workshops from the following companies: Kosmos, GE, Clarius, and Mindray.

ACADEMY OF WILDERNESS MEDICINE™ (FAWM)
The Academy of Wilderness Medicine has awarded this activity FAWM core and elective credits. Actual credits awarded depend on personal credit needs and history.

This conference (both in-person and virtual) has been designated as a live event. To fulfill the requirement of attending at least “one live WMS conference,” candidate must attend at least a portion of the conference live (virtual attendees will need to log in to the online platform) and submit all FAWM credits by April 30, 2024 (Candidates can submit FAWM credits after April 30 if they have already met the live event requirement).

FACULTY DISCLOSURE
The faculty and staff involved with this live activity have signed disclosure statements indicating they have no conflicts of interest or relevant financial relationships with any commercial interest with respect to this course content.

EDUCATIONAL OBJECTIVES
After attending this conference, participants will be able to:
• Understand the limitations of practicing medicine in austere environments
• Adequately prepare for practicing medicine in austere environments
• Recognize and treat common injuries and illnesses that occur in the wilderness

Sunday Conference Schedule
Non-credit activity, Small group session; Optional workshop ($); White is a general session. Times are listed in US Pacific time. All main conference sessions will take place at the Whistler Conference Centre - Sea to Sky Ballroom, B, C.

<table>
<thead>
<tr>
<th>TIME</th>
<th>EDUCATION SESSION</th>
<th>FACULTY</th>
<th>ROOM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday, March 10</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:00 - 6:00 pm</td>
<td>Registration</td>
<td></td>
<td>Grand Foyer</td>
</tr>
<tr>
<td>6:00 - 7:30 pm</td>
<td>Welcome Reception and Exhibit Hall</td>
<td></td>
<td>Grand Foyer</td>
</tr>
<tr>
<td>7:30 - 8:30 pm</td>
<td>First-Time Attendee: Meet &amp; Greet</td>
<td></td>
<td>Grand Foyer/ Mountain View</td>
</tr>
</tbody>
</table>
# Monday Conference Schedule

Non-credit activity: **Small group session;** Optional workshop ($); White is a general session. Times are listed in US Pacific time. All main conference sessions will take place at the **Whistler Conference Centre - Sea to Sky Ballroom, B, C.**

<table>
<thead>
<tr>
<th>TIME</th>
<th>EDUCATION SESSION</th>
<th>FACULTY</th>
<th>ROOM</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 - 7:45 am</td>
<td>Breakfast with Exhibitors</td>
<td></td>
<td>Grand Foyer</td>
</tr>
<tr>
<td>7:45 - 8:00 am</td>
<td>Welcome</td>
<td>Sue Spano / Arun Ganti</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>8:00 - 9:00 am</td>
<td>Wildland Fire, a Boots on the Ground Perspective (12-014-1)</td>
<td>Josie Heath</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>9:00 - 10:00 am</td>
<td>It's Getting Hot In Here: Solar Exposures in Wilderness Dermatology (09-005-1)</td>
<td>Rawnica Ruegner</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>10:00 - 10:30 am</td>
<td>Break with Exhibitors</td>
<td></td>
<td>Grand Foyer</td>
</tr>
<tr>
<td>10:30 - 11:30 am</td>
<td>Psychological First Aid for Responders (12-022-1)</td>
<td>Roger Mortimer</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>11:30 - 12:30 pm</td>
<td>Global Health in a Changing Climate (11-031-1)</td>
<td>Rais Vohra</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>12:30 - 1:30 pm</td>
<td>Lunch with Exhibitors</td>
<td></td>
<td>Grand Foyer</td>
</tr>
<tr>
<td>1:00 - 4:00 pm</td>
<td>Ski / Board with the Board</td>
<td></td>
<td>Meet at Registration</td>
</tr>
<tr>
<td>1:00 - 3:00 pm</td>
<td>Are You and Your Organization Protected? Administrative Risk Management Planning for Wilderness Activities (12-052-2)</td>
<td>Shana Tarter / France Mock</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>1:30 - 4:00 pm</td>
<td>Ultrasound Essentials for the Wilderness Provider (05-031-2.5)</td>
<td>Tatiana Havryliuk</td>
<td>Harmony A</td>
</tr>
<tr>
<td>1:30 - 4:00 pm</td>
<td>Snow Shelters (05-010-2.5)</td>
<td>Todd Miner</td>
<td>Registration</td>
</tr>
<tr>
<td>3:00 - 4:30 pm</td>
<td>Wilderness Protocol Developmen (06-011-1.5)</td>
<td>Ellen Stein / Sarah Schlein</td>
<td>Harmony B</td>
</tr>
<tr>
<td>4:00 - 4:45 pm</td>
<td>Break with Exhibitors</td>
<td></td>
<td>Grand Foyer</td>
</tr>
<tr>
<td>5:00 - 7:00 pm</td>
<td>GME Mini-Lectures (12-001-1.5)</td>
<td></td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>7:16 - 9:00 pm</td>
<td>Special Interest Group Events</td>
<td></td>
<td>Offsite</td>
</tr>
</tbody>
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**Thank You to the Conference Planning Committee!**

- **Dave Young**
  - Conference Planning Committee Chair
  - Isabel Algaze-Gonzalez
    - Chair-Elect, Summer 2024
  - Mia Derstine
    - Chair, Summer 2024

- **Sue Spano**
  - Chair, Winter 2024

- **Arun Ganti**
  - Chair-Elect, Winter 2024

- **Jennifer Dow**
  - WMS President

- **Graham Brant-Zawadzki**
  - BOD Liaison

- **Andy Rich**
  - DIMM Pre-Conference Liaison

- **Mike Caudell**
  - WLS: MP Pre-Conference Liaison

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Visit [wms.org/wc24](http://wms.org/wc24) for information on claiming credits.
Tuesday Conference Schedule

Non-credit activity: Small group session; Optional workshop ($); White is a general session. Times are listed in US Pacific time. All main conference sessions will take place at the Whistler Conference Centre - Sea to Sky Ballroom, B, C.

<table>
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<tbody>
<tr>
<td>Tuesday, March 12</td>
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<td></td>
</tr>
<tr>
<td>7:00 - 8:00 am</td>
<td>Breakfast with Exhibitors</td>
<td></td>
<td>Grand Foyer</td>
</tr>
<tr>
<td>8:00 - 8:45 am</td>
<td>Risk, Decision Making &amp; Rescue: A Case Study (06-001-0.75)</td>
<td>Miles McDonough</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>8:45 - 9:30 am</td>
<td>Tiny Bubbles: Naval Diving (01-002-0.75)</td>
<td>Brendan Byrne</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>9:30 - 10:00 am</td>
<td>Break with Exhibitors</td>
<td></td>
<td>Grand Foyer</td>
</tr>
<tr>
<td>10:00 - 10:45 am</td>
<td>&quot;My Bum Hurts&quot;: Wilderness Management of Perianal Problems (12-012-0.75)</td>
<td>Andrew Crockett</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>10:45 - 11:30 am</td>
<td>Legal Issues in Wilderness Medicine (12-052-0.75)</td>
<td>Frances Mock</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>11:30 - 12:15 pm</td>
<td>Medical Complications in a Very Austere Environment, The Turkish Cave Rescue (06-010-0.75)</td>
<td>Roger Mortimer</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>11:30 - 5:00 pm</td>
<td>Board &amp; Committee Chair Meeting (by invitation only)</td>
<td></td>
<td>Spearhead A/B</td>
</tr>
<tr>
<td>12:15 - 12:45 pm</td>
<td>Trivia (12-001-0.5)</td>
<td></td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>1:00 - 4:00 pm</td>
<td>POCUS: Unleash Your Inner Detective (05-031-3)</td>
<td>Tatiana Havryliuk</td>
<td>Harmony A</td>
</tr>
<tr>
<td>1:00 - 4:00 pm</td>
<td>Ice Axe Self-Arrest (05-018-3)</td>
<td>Todd Miner</td>
<td>Registration</td>
</tr>
<tr>
<td>1:30 - 3:30 pm</td>
<td>Medical Student Electives in WM: The Good, the Bad, and the Ugly! A How-To Interactive Small Group (13-008-2)</td>
<td>Michelle Storkan</td>
<td>Harmony B</td>
</tr>
<tr>
<td>3:30 - 5:30 pm</td>
<td>Foundations in Wilderness Medicine (Heat Illness, Altitude Illness, Lightning, Hypothermia) (09-009-0.5)(03-002-0.5)(09-003-0.5)(09-001-0.5)</td>
<td>Sonja Zoe Opal Eagle, Elan Small, Chance Sullivan, Sarah Schlein</td>
<td>Harmony B</td>
</tr>
<tr>
<td>8:00 - 10:30 pm</td>
<td>WMS Night at Vallea Lumina Night Walk (Use code WMS2024 to save 10% on your ticket)</td>
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Wednesday Conference Schedule

<table>
<thead>
<tr>
<th>TIME</th>
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<tbody>
<tr>
<td>Wednesday, March 13</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00 - 8:00 am</td>
<td>Breakfast</td>
<td></td>
<td>Grand Foyer</td>
</tr>
<tr>
<td>8:00 - 9:00 am</td>
<td>This is Your Brain on Nature: How Green Spaces and Contribute to Cognitive Health (11-031-1)</td>
<td>Adrienne Taren</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>9:00 - 10:00 am</td>
<td>Carnivores, Coevolution, and Conservation: Why Indigenous Knowledge Matters in Human / Animal Reciprocity (09-007-1)</td>
<td>Sarah Crockett</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>10:00 - 10:30 am</td>
<td>Break</td>
<td></td>
<td>Grand Foyer</td>
</tr>
<tr>
<td>10:30 - 11:30 am</td>
<td>Hypothermia: Lessons from the Patient Who Didn't Read the Textbook (09-001-1)</td>
<td>Alana Hawley</td>
<td>Ballroom B, C</td>
</tr>
<tr>
<td>11:30 - 11:45 am</td>
<td>Closing Remarks</td>
<td>Jennifer Dow</td>
<td>Ballroom B, C</td>
</tr>
</tbody>
</table>

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Thank you to our Exhibitors!

Plus, thank you to Global Rescue for their continued support of the WMS!

Be sure to stop by each of the booths on Monday in order to grab a playing card (while they last!). Turn in your best poker hand by 5 pm on Monday at the registration desk for a chance to win a free 8th World Congress on Mountain & Wilderness Medicine registration!

Dining Options

In addition to the hotel’s Cinnamon Bear Bar & Grille, the following restaurants are within walking distance from the Conference Centre:

- The Amsterdam Café Pub
- Avalanche Pizza
- The Beacon Pub & Eatery
- Black’s Pub
- Earl's Diner
- Fat Tony’s Pizza
- Forecast Coffee
- Fuji Market
- Garbanzo Bean & Grill
- Hot Buns Bakery
- Indian Masala Bistro
- La Brasserie
- Lift Coffee
- Moguls Café
- Naked Sprout Café & Eatery
- Ohyama Ramen
- The Old Spaghetti Factory
- Provisions
- Stonededge Kitchen
- Subway
- Whistler Grocery Store
- Zogs Dogs

Posting on Social?

Be sure to tag @wildmedsociety and use #WMSwinter24
See you in Snowbird!

8TH WORLD CONGRESS ON
Mountain & Wilderness Medicine
SNOWBIRD, UTAH OR ONLINE | JULY 28 - AUGUST 1, 2024

PRESENTED BY

ISMM
International Society for Mountain Medicine

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