



## Articles eligible for FAWM credits

(as of June 9, 2023)

**Red text** – core credits      **Blue text** – elective credits

- 2721 - Risk of Avalanche Involvement in Winter Backcountry Recreation - Benjamin Zweifel, et. al.  
*06-022 Accident Prevention for the Wilderness Traveler (1 Credit Hours)*
- 2722 - Outdoor Activity and High Altitude Exposure During Pregnancy - Linda Keyes, et. al.  
*03-011 Pregnancy at High Altitude (1 Credit Hours)*
- 2723 - WMS Practice Guidelines for the Prevention and Treatment of Drowning - Andrew C. Schmidt, et. al.  
*09-004 Submersion Injuries (1 Credit Hours)*
- 2731 - Pathophysiologic Determination of Frostbite Under High Altitude Environment Simulation in Sprague-Dawley Rats - Jie Hu, et.al.  
*09-002 Frost Bite and Trench Foot (1 Credit Hours)*
- 2732 - Thermoregulation During Extended Exercise in the Heat: Comparisons of Fluid Volume and Temperature - Walter S. Hailes, et. al.  
*07-015 Nutrition and Hydration for Athletes in Extreme Environments (1 Credit Hours)*
- 2733 - HEMS in Alpine Rescue for Pediatric Emergencies - Stefan Taubenback, et. al.  
*12-002 Pre-hospital Patient Assessment (1 Credit Hours)*
- 2741 - Pressures of Wilderness Improvised Wound Irrigation Techniques: How Do They Compare? - John B Luck, et. al.  
*12-012 General Wound Management in the Wilderness (1 Credit Hours)*
- 2742 - Pulling Harder Than the Hamate Tolerates: Evaluation of Hamate Injuries in Rock Climbing and Bouldering - Christoph Lutter, et. al.  
*07-006 Injuries from Climbing (1 Credit Hours)*
- 2743 - Management of Burn Injuries in the Wilderness: Lessons from Low-Resource Settings - Cindy C. Bitter, et. al.  
*12-014 Burn Management (1 Credit Hours)*
- 2811 - An Assessment of Diarrhea Among Long-Distance Backpackers in the Sierra Nevada - Derek J. Meyer, MD, et. al.  
*02-009 Traveler's Diarrhea (1 Credit Hours)*
- 2812 - The Effects of a 36-Hour Mixed Task Ultraendurance Race on Mucosal Immunity Markers and Pulmonary Function - David Bellar, PhD, et. al.  
*07-001 Exercise Physiology (1 Credit Hours)*
- 2813 - WMS Practice Guidelines for Prev. and Management of Avalanche and Non-Avalanche Snow Burial Accidents - Christopher Van Tilburg, MD, et. al.  
*09-037 Suffocation in Powder Snow (0.5 Credit Hours)*  
*03-025 Overview of Avalanche (0.5 Credit Hours)*
- 2821 - Prophylactic Acetaminophen or Ibuprofen Result in Equivalent Acute Mountain Sickness Incidence at High Altitude - Nicholas C. Kanaan, et. al.  
*03-022 High Altitude Pharmacology (1 Credit Hours)*

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2822 - Animal, Microbial, and Fungal Borne Skin Pathology in the Mountain Wilderness: A Review - William E Brandenburg, et. al.

*02-054 Infectious Disease in Adventure Travel (1 Credit Hours)*

2823 - Prevention of Friction Blisters in Outdoor Pursuits: A Systematic Review - Robert Worthing, Raechel Percy, Jeremy Joslin

*05-008 Foot Gear and Care of the Feet (1 Credit Hours)*

2831 - Cervical Spine Alignment in Helmeted Skiers and Snowboarders with Suspected Head and Neck Injuries - Jared Murray, BA; David A. Rust, MD

*12-033 Management of Spinal Trauma (1 Credit Hours)*

2832 - Descriptive Epidemiology, Medical Evaluation, and Outcomes of Rock Climbing Injuries - James W. McDonald, MD, et. al.

*03-023 Injuries from Climbing (1 Credit Hours)*

2833 - Similarities Between Large Animal-Related and Motor Vehicle Crash-Related Injuries - Abigail M. Tremelling, MD, et. al.

*09-007 Animal Attacks (1 Credit Hours)*

2841 - Exercise-Associated Hyponatremia, Hypernatremia, and Hydration Status in Multistage Ultramarathons - Brian J. Krabak, et. al.

*07-017 Exercise-Associated Hyponatremia (1 Credit Hours)*

2842 - Trends in Skin and Soft Tissue-Related Injuries in NOLS Wilderness Expeditions - Kimberly A. Stanford, et. al.

*12-010 Soft Tissue Injuries and Contusions (1 Credit Hours)*

2843 - Proton Pump Inhibitor Use Is Associated With a Reduced Risk of Infection with Intestinal Protozoa - Johnathan M. Sheele

*02-005 Parasites & Protozoal infections in the Traveler (1 Credit Hours)*

2911 - An Update on Fatalities due to Venomous and Non-Venomous Animals in the US (2008-2015) - Jared A. Forrester, et. al.

*09-008 Overview of Envenomation (1 Credit Hours)*

2912 - Cutaneous Vascular Responses of the Hands and Feet to Cooling, Rewarming, and Hypoxia in Humans - Heather C. Massey, et. al.

*09-036 Cold Physiology (1 Credit Hours)*

2913 - Knowledge of the Avalanche Victim Resuscitation Checklist and Utility of a Standardized Lecture in Italy - Giacomo Strapazzon, et. al.

*03-020 Avalanche Rescue (1 Credit Hours)*

2921 - Effect of Helmet Use on Traumatic Brain Injuries and Other Head Injuries in Alpine Sport - Nicolas Bailly, et. al.

*07-007 Injuries from Skiing and Snow Boarding (1 Credit Hours)*

2922 - Snakebites Treated in North Carolina Emergency Departments, 2013 - 2015 - Katherine J. Harmon, et. al.

*09-020 Envenomation by Reptiles (1 Credit Hours)*

2923 - Hospital-Treated Snow Sport Injury in Victoria, Australia: A Summary of 2003 - 2012 - Emma J. Siesmaa, et. al.

*07-007 Injuries from Skiing and Snow Boarding (1 Credit Hours)*

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of Wilderness Medicine

- 2931 - Case Report: Severe Frostbite in Extreme Altitude Climbers - The Kathmandu Iloprost Experience - Prativa Pandey, et. al.  
*09-002 Frost Bite and Trench Foot (1 Credit Hours)*
- 2932 - Metabolic Demand of Hiking in Wildland Firefighting - Joseph A. Sol, et. al.  
*07-001 Exercise Physiology (1 Credit Hours)*
- 2933 - Causes of Death Among Avalanche Fatalities in Colorado: A 21-Year Review - Alison Sheets, et. al.  
*06-002 Avalanche Rescue (1 Credit Hours)*
- 2941 - Climbing-Related Injury Among Adults in the United States: 5-Year Analysis of the National Emer. Dept. Sample - Joseph D. Forrester, et. al.  
*03-023 Injuries from Climbing (1 Credit Hours)*
- 2942 - Medical Incidents and Evacuations on Wilderness Expeditions for the Northwest Outward Bound School - Forrest C. Wells, Craig R. Warden  
*12-001 Overview of Medical Emergencies in the Wilderness (1 Credit Hours)*
- 2943 - The Effects of Acetazolamide on Exercise Performance at Sea Level and in Hypoxic Env. - Alexander M. Posch, Stewart Dandorf, David C. Hile  
*03-022 High Altitude Pharmacology (1 Credit Hours)*
- 3011 - Reduced Acetazolamide Dosing in Countering Altitude Illness - Scott E. McIntosh, et. al.  
*03-022 High Altitude Pharmacology (1 Credit Hours)*
- 3012 - Epidemiology of Cardiac Events During Prehospital Care in Mountain Rescues - Carmen M. Martinez-Caballero, Eva Sierra Quintana  
*03-007 The Effect of High Altitude on Underlying Medical Problems (1 Credit Hours)*
- 3013 - Success Rates with Digital Intubation - Andrew L. Juergens II, et. al.  
*12-017 Emergency Airways (1 Credit Hours)*
- 3021 - Impact of a Half Dome Cable Permitting Process on Search and Rescue (SAR) Activity - Susanne J Spano, et. al.  
*06-001 Overview of Search and Rescue (1 Credit Hours)*
- 3022 - BASE Jumping Injuries Presenting to Emergency Departments in the United States - Joseph D. Forrester, et. al.  
*07-018 Overview of Sports Medicine (1 Credit Hours)*
- 3023 - Environmental Deaths in the Northern Territory of Australia, 2003-2018 - Marianne Tiemensma  
*12-048 Medicine in Austere Settings (1 Credit Hours)*
- 3031 - Cougar (Puma concolor) Injury in the United States - Yoyo Y. Wang, Thomas G. Weiser, Joseph D. Forrester  
*09-007 Animal Attacks (1 Credit Hours)*
- 3032 - Risk of Death and Major Injury from Natural Winter Hazards in Helicopter and Snowcat Skiing in Canada - Matthias Walcher, et.al.  
*07-007 Injuries from Skiing and Snow Boarding (1 Credit Hours)*
- 3033 - Recovery of Heart Rate Variability After Exercise Under Hot Conditions: The Effect of Relative Humidity - Oriol Abellan-Aynes, et.al.  
*16-024 Techniques for Effective Heat Acclimatization (1 Credit Hours)*

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of Wilderness Medicine

- 3041 - WMS Practice Guidelines for the Prevention and Treatment of Frostbite: 2019 Update - Scott McIntosh, et.al.  
*09-002 Frost Bite and Trench Foot (1 Credit Hours)*
- 3042 - WMS Practice Guidelines for the Prevention and Treatment of Heat Illness: 2019 Update - Grant S. Lipman, et.al.  
*09-009 Heat Illness and Dehydration (1 Credit Hours)*
- 3043 - WMS Practice Guidelines for the Treatment and Prevention of Drowning: 2019 Update - Andrew C. Schmidt, et. al.  
*09-004 Submersion Injuries (1 Credit Hours)*
- 3111-Exercise in Thermal Inversions: PM2.5 Air Pollution Effects on Pulmonary Function and Aerobic Performance - Dale Wagner  
*09-024 Special Heat Problems in Urban Settings (1 Credit Hours)*
- 3112-Cardiovascular Disease and Triathlon-Related Deaths in the United Kingdom - Jeremy S. Windsor, et. al.  
*02-007 Chronic Medical Conditions and Wilderness Traveler (1 Credit Hours)*
- 3113-WMS Clinical Practice Guidelines for the Management of Exercise-Associated Hyponatremia: 2019 Update - Brad Bennett, et.al.  
*07-017 Exercise-Associated Hyponatremia (1 Credit Hours)*
- 3121- Hypertension and Acute Mountain Sickness in Himalayan Trekkers in Nepal - Charles Duke, et.al.  
*03-002 High Altitude Disorders (1 Credit Hours)*
- 3122- Aviation Sports Crashes in the Austrian Mountains: A 10-Year Retrospective Study - Bernd Wallner, et.al.  
*09-012 Aerospace Medicine (1 Credit Hours)*
- 3123- Total Energy Intake and Self-Selected Macronutrient Distribution During Wildland Fire Suppression - Brent Ruby, et.al.  
*09-011 Nutrition in Extreme Environments (1 Credit Hours)*
- 3131- Evaluation of Three Field Rewarming Techniques During Cold Weather Military Training - Douglas Jones, et.al.  
*09-019 Recognition and Management of Hypothermia (1 Credit Hours)*
- 3132- Developing Cricothyroidotomy Skills Using a Biomaterial-Covered Model - Cigdem Ozkaya Senuren, et.al.  
*13-010 Teaching Procedures (1 Credit Hours)*
- 3141- Prehospital Use of Ketamine in Mountain Rescue - Katia Vanolli, et.al.  
*12-003 Pain Management in the Wilderness Setting (1 Credit Hours)*
- 3142 – Athlete’s Heart in Elite Sport Climbers - Isabelle Schoffl, et.al.  
*07-006 Injuries from Climbing (1 Credit Hours)*
- 3143 - Emerging Tickborne Viral Infections: What Wilderness Medicine Providers Need to Know - James H. Diaz  
*02-051 Emerging Infections (1 Credit Hours)*
- 3144 - Determination of Death in Mountain Rescue - Corinna A. Schon, et.al.  
*06-012 Forensic Search and Rescue (1 Credit Hours)*

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- 3211 - Influence of Fluid Delivery Schedule and Composition - Alejandro M. Rosales, et.al.  
*07-002 Homeostasis and Fluid Resuscitation (1 Credit Hours)*
- 3212 - Altitude Related Disorders on Mt. Kilimanjaro, Tanzania - Marieke C.J. Dekker, et.al.  
*03-002 High Altitude Disorders (1 Credit Hours)*
- 3213 - Acute Kidney Injury Following Star Fruit Ingestion- Nalaka Herath, et.al.  
*09-010 Plant Toxins and Dermatitis (1 Credit Hours)*
- 3221 - The Role of ProBNP on Prognosis in Scorpion Stings- Ufuk Utku Gullu, et.al  
*16-002 Desert Arthropods (1 Credit Hours)*
- 3222- Underrecognized Tickborne Illnesses: Borrelia Miyamotoi and Powassan Virus - David Della-Giustina, et.al  
*02-002 Tic-borne Illness (1 Credit Hours)*
- 3223- Evaluation of Environmental Conditions on Self-Selected Work and Heat Stress in Wildland Firefighting - Joseph A. Sol, et.al  
*05-030 Fire Safety for Wildlands (1 Credit Hours)*
- 3231 - Evaluation of High Altitude Interstitial Pulmonary Edema in Healthy Participants - Craig D. Nowadly, et.al.  
*03-008 High Altitude Pulmonary Edema (1 Credit Hours)*
- 3232 - Comparison of Radiographic, Ultrasound, and Magnetic Resonance Imaging - Christanne H. Coffey, et.al.  
*01-006 Marine Envenomations (1 Credit Hours)*
- 3241 - The Impact of Extreme Heat Events on Emergency Departments in Canadian Hospitals, Fraser Kegel, et. al.  
*09-024 Special Heat Problems in Urban Settings (1 Credit Hours)*
- 3242 - Closed Reduction of Anterior Shoulder Dislocations Performed by Ski Patrollers in the Alpine Prehospital Environment, Jamin M. Mulvey, et. al.  
*12-025 Management of Shoulder Injuries (1 Credit Hours)*
- 3243 - Tree Stand-Related Injuries in Nonadmitted and Admitted Patients at a Level 2 Trauma Center in Michigan, Alan A. Lazzara Jr, et.al.  
*12-036 Hunting Injuries (1 Credit Hours)*
- 3244 - Wilderness Medical Society Clinical Practice Guidelines for the Prevention and Management of Tick-Borne Illness, Benjamin M. Ho, et. al.  
*02-002 Tic-borne Illness (1 Credit Hours)*
- 3311 - Foot-Launched Flying Sport Fatalities in the Canton of Berne, Switzerland, Fabio O. Soldati, et.al.  
*09-012 Aerospace Medicine (1 Credit Hours)*
- 3312 - Wilderness Medical Society Clinical Practice Guidelines on Anaphylaxis, Flavio G. Gaudio, et.al.  
*09-013 Anaphylaxis (1 Credit Hours)*
- 3321 - Travel Associated Venous Thromboembolism, Thomas G. DeLoughery, et.al.  
*02-017 Travel Medicine (1 Credit Hours)*
- 3322 - Nonfreezing Cold Injury and Cold Intolerance in Paddlesport, Ben Oakley, et.al.  
*09-001 Cold Injuries (1 Credit Hours)*

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3323 - Avalanche Preparedness and Accident Analysis Among Backcountry Skier, Sidecountry, and Snowmobile Fatalities, Humairat H. Rahman, et.al.

*07-012 Medical and Safety Aspects of Backcountry Skiing and Snowboarding (1 Credit Hours)*

3331 - Intranasal Fentanyl for On-the-hill Analgesia by Ski Patrol

*12-003-1 Pain Management in the Wilderness (1 Credit Hours)*

3332 - Russula subnigrans Poisoning Causes Severe Rhabdomyolysis That Could be Misdiagnosed as Non-ST Segment Elevation MI

*09-010-1 Plant Toxins (1 Credit Hours)*

3333 - Early Use of Iloprost in Nonfreezing Cold Injury

*09-002-1 Frost Bite and Trench Foot (1 Credit Hours)*

3339 - Wilderness Medicine Podcast #27 (Intranasal Fentanyl for On-the-hill Analgesia by Ski Patrol)

*12-003-1 Pain Management in the Wilderness (1 Credit Hours)*

3341- Comparison of Intravenous Paracetamol, Dexketoprofen Trometamol or Topical Lidocaine Use for Pain Relief in Scorpion Stings: A Placebo-controlled, Randomized Study

*09-016 Envenomation by Arachnid (1 Credit Hours)*

3342 - Angina And Arrhythmia Symptoms Following Multiple Bee Stings: Kounis Syndrome

*09-014-01 Hymenoptera Bites and Stings (1 Credit Hours)*

3343 - Lichtenberg Figures: How a Cutaneous Sign Can Solve Suspicious Death Cases

*09-003-1 Lightning Injuries (1 Credit Hours)*

3344 – Head Injuries in Rock Climbing: A Scoping Review

*07-006-1 Injuries from Climbing (1 Credit Hours)*

3411 – Evaluation of Ecoli Inactivation at Hight Altitude with Solar Water Disinfection

*08-005-1 Water Purification Methods (1 Credit Hours)*

3412 – Epidemiology of Emergency Medical Search and Rescue in the North Shore Mountains of Vancouver, Canada, from 1995 to 2020

*06-001 Overview of Search and Rescue (1 Credit Hours)*

3413 – Practical Guidance for Crafting Original Research Manuscripts

*14-009 Formulating the Research Proposal (1 Credit Hours)*

3421 - Prevention and Treatment of Nonfreezing Cold Injuries and Warm Water Immersion Tissue Injuries: Supplement to Wilderness Medical Society Clinical Practice Guidelines for the Prevention and Treatment of Frostbite, K. Zafren, et.al.

*09-002 Frost Bite and Trench Foot (1 Credit Hours)*



3422 - First Trimester Pregnancy: Considerations for Wilderness and Remote Travel, Christanne Coffey, et.al.

*02-012 Women's Issues in Travelling (1 Credit Hours)*

3423 - External Hemorrhage Control Techniques for Human Space Exploration: Lessons from the Battlefield, Thoolen, et.al.

*12-049 Hemorrhage Control Techniques (1 Credit Hours)*